

Year 3

# Activity 3b

Can you find all the words from the sections of the Eatwell Guide listed below, in the wordsearch?

Fruit

Fish

Meat

Rice

Beans

Dairy

Pasta

Vegetable

Eggs

Bread



T	F	P	P	O	S	P	A	S	T	A	G
G	R	H	E	C	A	H	R	S	E	S	N
D	U	R	U	B	R	F	E	R	P	R	R
V	I	E	T	B	E	R	A	D	L	T	L
E	T	D	V	E	G	E	T	A	B	L	E
O	D	V	F	A	L	E	S	I	D	U	I
P	J	B	G	N	F	S	O	R	G	C	T
Z	Y	S	H	S	I	C	L	Y	M	S	F
S	T	E	N	A	S	L	I	E	H	P	D
E	A	M	E	S	H	I	C	T	N	A	C
R	R	E	L	P	E	E	E	B	B	S	A
R	E	A	S	E	B	R	E	A	D	F	S
I	L	T	A	R	R	A	R	N	S	R	R
C	K	A	T	T	B	D	G	M	E	V	E
E	G	R	R	B	U	S	E	K	R	N	O
H	N	E	F	D	E	G	G	S	Y	J	U