

Hello!

Here at Autograph we miss seeing your smiley faces and cooking tasty meals for you all at lunchtime! We know that some children might be going back to school soon, but for the days when you're at home, or for those that need to stay at home for a little bit longer, we have put together some fun activities that the whole family can do together in the kitchen!

All of these activities include making some yummy food (and eating it afterwards!) and a worksheet that you can do too. We've also made sure that every worksheet has a link with some of the subjects you would normally be learning at school: Maths, Geography, Art, Health and Nutrition! We hope you enjoy these activities and have some fun with food at the same time!



Stay Safe!

Hannah and Ed

Company Nutritionist

Food Development

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**FOOD**  
**FARM**

# The Greens



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**FOOD  
FARM**